

Simone Biles Research

Simone Arianne Biles

B. March 14, 1997 in Spring Texas, USA

- 1 of 4 children
- All were in foster care until she was 3, after which was cared for by her maternal grandfather, who adopted her and adria when she was 6.
- Also has Belizean citizenship.
- 2012 switched to home schooling to increase training time to 32 hours per week (from 20)
- Got into UCLA but deferred till after the olympics but in 2015 turned professional and therefore couldn't represent them.
- In 2018 she joined 'The University of the People' (online) to study business administration and became the university's brand ambassador.
- Passions: Reading, History, Shopping and spending time with friends
- French bulldog called Lilo
- In a relationship with NFL star Jonathan Owens

On January 18, 2018, Biles released a statement on Twitter confirming that former [USA Gymnastics](#) physician [Larry Nassar](#) had [sexually assaulted](#) her. She also named [USA Gymnastics](#) for having an alleged role in allowing the abuse to occur, and for subsequently covering it up. She did not attend court hearings held from January 16 to 24, 2018, citing that she "wasn't emotionally ready to face Larry Nassar again. In May 2018, it was announced that Biles and the other survivors would be awarded the [Arthur Ashe Courage Award](#). At the 2018 U.S. National Championships, Biles designed and wore a teal leotard that she stated was meant to honor the survivors of Nassar's abuse, as a statement of unification.

In September 2016, Biles opened up about having ADHD (Attention Deficit Hyperactivity Disorder), saying that ADHD is "nothing to be ashamed of.

Has shown her support of LGBT: [Simone Biles responds to LGBTQ criticism on Uber Eats ad with Van Ness \(usatoday.com\)](#)

Olympic Games

Gold: 2016 Team, All around, Vault, Floor exercise

Bronze: 2016 Balance Beam

World Championships

Gold: 2013 All Round, Floor Exercise

2014 Team, All around, Balance Beam, Floor Exercise

2015 Team, All around, Balance Beam, Floor Exercise

2018 Team, All around, Vault, Floor Exercise

2019 Team, All around, Vault, Balance Beam

Silver: 2013 Vault

2014 Vault

2018 Uneven Bars

Bronze: 2013 Balance Beam

2015 Vault

2018 Balance Beam

Pacific Rim Championships

Gold 2016 Team, All around

FIG World Cup

Gold: 2015 All around

2019 All around

Silver: 2013 All around

- Team USA Female Olympic Athlete of the Year in December 2015,
- December 2016, Biles was chosen as one of the [sponsors](#) of the US Navy aircraft carrier [USS Enterprise](#) alongside swimmer [Katie Ledecky](#)
- In December 2016, Biles was chosen as one of the [sponsors](#) of the US Navy aircraft carrier [USS Enterprise](#) alongside swimmer [Katie Ledecky](#).
- In 2016, Simone Biles won the [Glamour Award](#) for the Record Breaker.
- In 2016, she was chosen as one of [BBC's 100 Women](#), and after the world championships, she was named one of ESPNW's Impact 25 and chosen as Sportswoman of the Year by the Women's Sports Foundation.
- She was also one of the finalists for [Time magazine's](#) 2016 [Person of the Year](#). Biles was also nominated for a 2016 ESPY award for Best Female Athlete along with [Elena Delle Donne](#), [Katie Ledecky](#), and [Breanna Stewart](#); Stewart won the award.
- In July 2017, Biles won the [ESPY Award](#) for [Best Female Athlete](#).
- In 2017, Simone won the [Shorty Awards](#) for the best in sports.
- At the 2017 [Teen Choice Awards](#), Simone won favorite female athlete, and won [Laureus World Sports Award for Sportswoman of the Year](#) in 2017.
- In 2017, Biles was awarded the Golden Plate Award of the [American Academy of Achievement](#).
- Simone Biles was named one of the most influential people in the World list by [Time Magazine](#). In May 2018, it was announced that Biles and the other [survivors](#) would be awarded the [Arthur Ashe Courage Award](#).
- In December, it was announced that Biles was named [ESPN The Magazine's](#) most dominant athlete of 2018.
- In February 2019, it was announced that Biles was named [Laureus' Sportswoman of the Year](#) for the second time, beating out tennis players [Simona Halep](#) and [Angelique Kerber](#), snowboarder [Ester Ledecká](#), triathlete [Daniela Ryf](#), and skier [Mikaela Shiffrin](#).
- Biles was nominated for the [2019 ESPY Award](#) for [Best Female Athlete](#) but lost to soccer player [Alex Morgan](#).
- In November 2019, Biles won the [People's Choice Award](#) for *The Game Changer of 2019*.
- In February 2020 Biles was awarded the [Laureus World Sports Award for Sportswoman of the Year](#) for the second consecutive year and third time overall, beating out nominees [Allyson Felix](#), [Megan Rapinoe](#), [Mikaela Shiffrin](#), [Naomi Osaka](#), and [Shelly-Ann Fraser](#)

First female african american all-around world champion

She Trains at the World Champions Centre (WCC) founded and owned by her parents, at the age of 6 she insisted that her parents enrol her after spontaneously imitating the gymnasts moves.

Sponsors/ Endorsements

2015 Octagon Sports Agency (gymnast [Aly Raisman](#) and Olympic swimmer [Michael Phelps](#))

2015 sponsorship with Nike

2015, she signed a deal to allow GK Elite Sportswear to sell a line of leotards bearing her name.

2015, Biles signed a deal with Core Power to become a spokesperson on its Everyday Awesome team of athletes.

In August 2016, [Kellogg's](#) put the [Final Five's](#) picture on the Gold Medal Edition of Special berries; the back of the box showed Biles with one of her Rio gold medals.

After the 2016 Rio games, Biles signed deals to endorse [Procter & Gamble](#), [The Hershey Company](#), and [United Airlines](#).

In September 2016, Biles became a spokesperson for [Mattress Firm's](#) program of supporting foster homes.

In 2016, Biles signed a deal with Spieth America to create a line of gymnastics equipment, and another to become a spokesperson for [Beats By Dr Dre](#).

In 2018, she worked with Caboodles to create and market products for women with active lifestyles

Biles is well known for performing difficult skills at a high level of execution. Her 2018 routine on vault and her 2019 routine on floor exercise are the most difficult ever performed in women's artistic gymnastics. As of 2019, she is the sole gymnast to have competed four skills valued at H or higher in the 2017-2020 Code of Points on floor exercise.

Apparatus	Name	Description	Difficulty ^[a]	Performed
Vault	López	Yurchenko half-on entry, layout salto forwards with ½ twist	5.2	2013–15
	Amanar	Yurchenko entry, layout salto backwards with 2½ twists	5.8	2013–19
	Cheng	Yurchenko half-on entry, layout salto forwards with 1½ twists	6.0	2016–19
	Biles	Yurchenko half-on entry, layout salto forwards with 2 twists	6.4	2018
Uneven Bars	Piked Tkatchev	Counter reverse piked hecht over high bar	E	2013, 2015–19
	Van Leeuwen	Toe-On Shaposhnikova transition with ½ twist to high bar		2018–19

	Fabrichnova	Dismount: Double-twisting (2/1) double tucked salto backwards	F	
Balance Beam	Front Pike	Piked salto forwards to cross stand	E	2018
	Layout	Layout salto backwards with legs together (to two feet)		2013
	Mitchell	1080° (3/1) turn in tuck stand on one leg		2018–19
	Barani	Jump forward with ½ twist to tucked salto backwards	F	2015–18
	Full-In	Dismount: Full-twisting (1/1) double tucked salto backwards	G	2013–19
	Biles	Dismount: Double-twisting (2/1) double tucked salto backwards	H	2019
Floor Exercise	Mukhina	Full-twisting (1/1) double tucked salto backwards	E	2013–19
	Double Layout	Double layout salto backwards	F	2014
	Biles	Double layout salto with ½ twist	G	2013–19
	Silivas	Double-twisting (2/1) double tucked salto backwards	H	
	Chusovitina	Full-twisting (1/1) double layout salto backwards		2015–16, 2019
	Moors	Double-twisting (2/1) double layout salto backwards	I	2018

	Biles II	Triple-twisting (3/1) double tucked salto backwards	J	2019
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Eponymous skills

Biles' named elements on vault, balance beam, and floor exercise introduced during the 2017–2020 quad are the most difficult elements on each apparatus (the ***Biles*** on beam, ***Biles*** on vault, and ***Biles II*** on floor). As of 2019, she is the sole gymnast to have performed any of these skills in an FIG international competition.

Apparatus	Name	Description	Difficulty ^[a]	Competition Completed—Notes
Vault	<i>Biles</i>	Yurchenko ½ on entry, forward layout salto with two twists	6.4	2018 World Championships —shares status of top-scoring vault with the <i>Produnova</i> in WAG .
Balance Beam		Backward double-twisting (2/1) double tucked salto dismount	H	2019 World Championships —most experts, ^[167] namely USA Gymnastics and other non-technical committee members, believed it was scored too low since a D-score as high as J was even rumoured, ^[168] and this was also acknowledged by the FIG in an attempt to discourage other less prepared gymnasts from taking the risks associated with training/competing the skill. ^[169]
Floor Exercise		Backward double layout salto with ½ twist	G	2013 World Championships
	<i>Biles II</i>	Backward triple-twisting (3/1) double tucked salto	J	2019 World Championships —this skill was assigned the highest D-score

				officially in all of artistic gymnastics for men and women.
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[Simone Biles - Wikipedia](#)
[Simone Biles | Official Website](#)

Photos in College- Websites- Simone Biles on home computer